



PRHS

Family Newsletter

April 2022

News and Updates

Dress Code Reminder

We have not been focusing on the dress code so far this year as we have been dealing with other priorities as students have transitioned back to full time school. It is time, however, to make sure everyone is reminded of the dress code. We ask families to review this with their students and help us ensure students are following it while at school. The dress code is outlined in the [student handbook](#) and shared below.

Dress Code

Clothing, including jewelry and other accessories, is expected to be appropriate for the learning environment. It should strengthen school spirit and pride and focus attention upon learning and away from distractions.

Immodest clothing is not acceptable.

- Clothing that openly exposes a student's back, midriff, rear end, chest hair, shoulders, bra straps, or underwear is unacceptable.
- Tank tops are acceptable with straps wide enough to cover undergarments.
- Sheer shirts that reveal a student's back, midriff, chest hair, shoulders, or underwear are not acceptable.
- Length of skirts and shorts must provide appropriate coverage.
- Clothing, including face coverings, advertising, depicting, featuring, or referring to alcohol, tobacco, weaponry, violence, drugs or profanity is not allowed. Racist, sexist, or otherwise harassing material is also not allowed.
- Clothing that causes disruption to the learning environment is not allowed. School administration reserves the right to determine whether clothing is disruptive.
- Clothing that presents a safety concern, such as shoes with wheels in the soles, high heels or large chains on clothing or worn around the neck, or that causes maintenance problems, such as cleats, shoes that scratch floors, are not allowed.

After-School Detentions

We now have an after-school supervisor and will be bringing detention back as a disciplinary consequence. Students who are tardy unexcused to school will be given one-hour detentions after every third tardy. Students will receive detention for other behavior as determined by administration. Two- and three-hour detentions will be assigned for students who do not change their behavior. Detentions will be held regularly on Tuesdays and Thursdays and at other times when necessary. Parents will be notified about detention by phone or email at least the day before.

Calendar Reminder-April

Reminder there April 28 and 29 are our **Celebration of Learning Days**.

- **Seniors** only need to be in school to present at their scheduled time on their scheduled day.
- **Juniors** are scheduled to be in school on one day and have a remote learning plan on the other day.
- **Sophomores** will be in school on their scheduled presentation day and do not need to be in school on the other day.
- **Freshmen** are scheduled to be in school on one day and have a remote learning plan on the other day.

April				
M	T	W	T	F
				1
4	5	☾	7	8
11	12	☾	14	15
☺	☺	☺	☺	☺
25	26	☾	28	29

Please contact your student's Roundtable Advisor to verify the day your student should be in attendance.

From the Counselors' Corner...

Early College - This is a great option for students looking to challenge themselves more or to take classes that we don't offer. Each student in grades 10-12, as well as 2nd semester 9th graders, can access tuition and fee free college classes (provided they meet the prerequisites). Any student can contact their school counselor to talk more about options at both the University of Maine system and the ME Community College system, as well as Husson and St. Joseph's, for early college classes. More information [here](#) on our website.

SATs or ACTs? - many juniors are asking us about standardized testing for this spring. PRHS will not be hosting a test day. The SATs/ACTs have become optional at MANY colleges since covid. Students really need to figure out for themselves if they want to take the test or if they need to take the test. **Spring dates for SATs** are May 7, 2022 (Deadline to register is April 8) and Jun 4, 2022 (Deadline is May 5). **Spring dates for ACTs** are June 11, 2022 (deadline is May 6) and July 16, 2022 (deadline is June 17)

NWEAs will be the spring state test for all 3rd year high school students. We will be scheduling those for May. We will also have all 3rd year students take the state science test during that time. More information will be coming.

AP EXAMS are coming as well in May! These will be paper and pencil tests this year. The schedule is as follows:

DATE	TIME	EXAM	TIME (w/10 min. break)
Monday, May 2	8:00 AM	AP US Gov't & Politics	3 hours 10 mins
Monday, May 2	12:00 PM	AP Chemistry	3 hours 25 mins
Wednesday, May 4	8:00 AM	AP English Literature	3 hours 10 mins
Thursday, May 5	12:00 PM	AP Statistics	3 hours 10 mins
Friday, May 6	8:00 AM	AP US History	3 hours 25 mins
Monday, May 9	8:00 AM	AP Calculus AB	3 hours 25 mins
Monday, May 9	12:00 PM	AP Computer Science Principles	2 hours
Tuesday, May 10	8:00 AM	AP English Language	3 hours 25 mins

Wednesday, May 11	12:00 PM	AP Biology	3 hours 10 mins
Thursday, May 12	8:00 AM	AP World History	3 hours 25 mins

Cost for all exams is \$40.00, thanks to supplemental funding by the district. This is posted in the fee section of Infinite Campus for your student; payments may be made on-line, as well cash and checks can be delivered to Mrs. Carter in the Guidance Office. If there are any issues around payment, please contact Ms. Bush. Students will be getting more information about their exams soon. Any questions about AP exams, please contact your child's school counselor.

LRTC decisions for 2022-2023 will be mailed home over April vacation. All students will get a letter. Watch your mail!

More resources from our friends at [Child Mind Institute](https://www.childmindinstitute.org) - they have resources [here](#) for a wealth of topics from ADHD to trauma. Check it out!

Please do not hesitate to reach out to your student's school counselor for help and resources at any time. Our contact information is listed below.

Carrie Rhoads

Students with last names

A-F

crhoads@rsu16.org

998-5400 x 125

Hillary Bush

Students with last names

G-M

hbush@rsu16.org

998-5400 x 101

Corey McFadden

Students with last names

N-Z

cmcfadden@rsu16.org

998-5400 x 106

Co- and Extra- Curricular Update

We had some great honors this winter, thanks to hard work by our athletes. Sportsmanship awards for the boys and girls Indoor Track teams, the Erwin Clement Award was presented to the Football team for outstanding sportsmanship, and Nolan Garey is the State Champion for 55 m Hurdles. Jake Twigg finished 2nd in the mile and Dominic Antonelli finished third in the 800m run. In addition, Gabby Bolduc received an honorable mention for the Sun Journal All Region Basketball team while Hunter Gibson was named to the Second Team All Region Team by the Sun Journal. Way to go!

Coaches

We are looking for a few coaches for the fall season. Current openings include:

Varsity/JV Field Hockey

Varsity Boys' Soccer

Middle School Girls Soccer

Middle School Cross Country

Spring is here! And we are playing ball! Let's stay on the field. Parents, please have conversations with your kids about eligibility, they should be able to tell you what it takes to stay eligible. Also, have conversations with them about prohibited behaviors such as substance use including alcohol, tobacco, and vape.

Athletes must be in school, on time, and good citizens to be eligible to play

It is important that student-athletes understand there is an increased level of commitment to their athletic team(s) at the high school level.

- **Good behavior is a prerequisite for participation.** Be a good teammate and citizen. Student athletes jeopardize their opportunities when absent, or sent out of class. Our kids are student-athletes and that requires being good students and good citizens.
- **Attendance:** Students must be in school and remain in school for the entirety of the school day in order to participate in athletics that day. Exceptions may be granted by the Co-Curricular Director or other school administrator for a documented appointment during school, a religious holiday, family emergency, or for any extenuating circumstances. Individual coaches may have additional rules or stipulations regarding attendance at practices to prepare for competitive events.
- **School Detention/Suspension:** Students who are suspended, in school or out of school, are not allowed to participate in any team-related activities, including but not limited to practices and competitions. Students that are sent to the office out of class for disciplinary reasons may be held out of practice or competition at the discretion of the school administration.
 - Attending all practices, games, and team activities is mandatory. After-school detentions must be served when scheduled. Skipping detention will jeopardize the athlete’s eligibility to participate. Suspensions and detentions are unexcused absences from team activities.

If you missed the **One-act presentation of The Great Gatsby**, you missed a chance to see our theatrical kids bring it on stage. For the One Act Play Festival, the Great Gatsby was condensed into a 40 minute performance. Several students shined in this one including Mason Brousseau, Audrey Fryda, Anna Bretler, Li’Sha Powell and Brady Martin. Stay tuned for the spring musical.

Maine Shriners Lobster Bowl-Congrats to Isaac Fifield and Izzy Martin for their selection to participate in the Lobster Bowl this summer. It is a great experience on and off the field. Isaac has been selected to represent PRHS playing while Izzy was selected to cheer. They are both responsible for \$500 fundraising that will go to the Shriners hospital. If you would like to contribute you may contact the athletic office.

.....

Health Office Updates

Reporting Positive Cases After Hours, Weekends, Vacations

Beginning Saturday, March 26, RSU 16 will have a new procedure for reporting positive COVID-19 cases after hours, weekends and vacations. The previous phone number will no longer be monitored. When reporting a positive case after hours, weekends and vacations, please [use this form](#). The form will also be located on our website, www.rsu16.org

.....

Announcements

[LUNCH MENU LINK](#)

PRHS
 1457 Maine Street
 Poland, ME 04274
 998-5400 phone
 998-5060 fax