

**RSU 16 Schools Health Office
Standing Order for Administration of Naloxone
(Medical Protocol for Suspected Opioid Overdose)**

PURPOSE: Opioid overdose occurs when the amount of opioid in the body is so great the individual becomes unresponsive to stimuli and breathing becomes inadequate. Lack of oxygen affects vital organs, including the heart and brain, leading to unconsciousness, coma, and eventually death. Naloxone is indicated for the reversal of opioid overdose in the presence of respiratory depression or unresponsiveness. The purpose of this protocol is to provide school health staff with a standard by which to respond to this life-threatening event in the school setting.

AN OPIOID OVERDOSE NEEDS IMMEDIATE MEDICAL ATTENTION

| BODY SYSTEMS | SIGNS AND SYMPTOMS OF AN OPIOID OVERDOSE |
|---------------------|--|
| Mouth/Throat | Loud, uneven snoring or gurgling noises (death rattle) |
| Lungs | Shallow, slow breaths (fewer than 10 per minute) or not breathing at all |
| Skin | Pale, blue or gray, clammy |
| Heart | Slow or erratic pulse (heartbeat) Blue lips or fingertips (from lack of oxygen) |
| Mental | Unresponsive to stimuli such as noise or sternal rub Unconscious |
| Other | Constricted (pinpoint) pupils Very limp body |

FOR UNRESPONSIVE STUDENTS AND ADULTS WHO PRESENT SIGNS AND SYMPTOMS OF OPIOID OVERDOSE:

| ADMINISTER INTRANASAL NALOXONE | |
|---------------------------------------|---|
| NARCAN (4mg/0.1ml) | 1 full spray in 1 nostril (0.1 ml total dose) |

1. Attempt to rouse and stimulate student/patient (perform sternal rub by making a fist; rub your knuckles firmly up and down the breast bone).
2. Call 911. Request AED
3. If available, administer naloxone or NARCAN.

NARCAN Nasal Spray

- a. Remove NARCAN nasal spray from the box by pulling back the tab with the circle.
- b. Hold the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
- c. Tilt the person’s head back and gently insert the tip of the nozzle into either nostril until your fingers are against the bottom of the person’s nose.
- d. Press the plunger firmly to give a dose of NARCAN.
- e. Place the person in the recovery position.

- 5. Start rescue breathing if not breathing, or CPR if no pulse.
- 6. Notify parent/guardian and school administrator.
- 7. **Allow 3 minutes for medication to work.** If there is no change to the person’s condition after 2-3 minutes, give another dose of naloxone (if available) as in step 4 above and continue rescue breathing or CPR as indicated.
- 8. Stay with the person until medical help arrives. Notify EMS of naloxone administration.

Medical Director

Date

District Nurse

Date

RSU #16 (Mechanic Falls, Minot, Poland)^{(msm)✓}

Policy Code: JLCDB-E

Adopted: February 2023

Revised:

SIGNATURE BLOCK:

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