

# Poland Regional High School

1457 Maine Street

Poland, ME 04274

(207) 998-5400

## The Knightly News

 **MARK YOUR  
CALENDARS!**

## Dates to Remember

Aug. 18	6 pm	Parent & Student Meeting for fall athletes
Aug. 19		Fall sports begin
Aug. 21		Student Parking Passes available.
Aug. 28		First Day for incoming 9 <sup>th</sup> graders
Aug. 29		First Day for grades 10, 11, 12.
Sept. 4	6-7 pm	Open House
Sept. 12		Picture Day
Sept. 24	6:30-8 pm	NEACAC College Fair @ USM
Sept. 30 – Oct. 4		Homecoming Week

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Dear PRHS students and families,

We are excited for the start of the new school year. We have had quite a summer of construction and have made the best of our temporary office location. We are excited to see all of the changes when the summer is over.

### **CONSTRUCTION NEWS**

As of right now, we expect to be moved into the new administrative and guidance offices sometime around August 23. The offices will be in the same area as before but will be reconfigured in the space. Several new spaces, the nurses' office, Mr. King's office and Deputy Jacques office, will be created to ensure that they are more easily accessible to both high school and middle school students. We will also have more office spaces for shared employees as well as outside counselors who provide services to our students.

The biggest change you will see will be our new shared main entrance. As a way to enhance our school security and improve communication between the high school and middle school office staffs, the new main entrance will direct all students and visitors to our schools to the same entrance. You will see new signage to direct you when you visit.

### **NEW TEACHERS**

**Darcy Chase** joins us as our new French teacher and a 9th grade Roundtable advisor. Ms. Chase is a graduate of UMF and earned her Master's Degree in Teaching and Learning at USM. She taught English Language Learners at Gould Academy for eight years and just recently completed a year of teaching French at Hebron Academy. Ms. Chase comes to us with great references from her past supervisors and is eager to continue to strengthen our French program.

**Kylie Martin** will join us as an English teacher (English 1 and AP Language and Composition) and 10th grade Roundtable advisor. Ms. Martin recently graduated from Bates College and was a student teacher here at PRHS this past year. Kylie graduated from PRHS in 2015 and all of us are so proud to welcome her back home! Ms. Martin won high praise for her work with our students last spring, and has already earned the respect of her colleagues.

**Michael Lane** will join us as a special education teacher and 9th grade Roundtable advisor. Mr. Lane has been an Ed Tech at PRHS for the past two years while he has been completing his Master's Degree in Special Education from USM. He has a strong background in experiential and wilderness education that will be a real asset to our school. He completed his student teaching last year and is excited to have his own classroom.

**Elizabeth DeGrandpre** will join us to start our brand new Jobs for Maine Graduates (JMG) program. Ms. DeGrandpre comes to us from St. Mary's College in Maryland where she was the assistant director of student activities. Her experiences there, and working with students new to college, make her a great fit for this program. She is a graduate of the University of New England and earned a Master's degree in counseling from Central Connecticut State University. We are excited to provide this program to our students. More information about the program is included in this newsletter.

We continue to search for a new MS/HS nurse and several long term substitute positions.

**INCOMING 9TH GRADERS**

Your first day of school is **Wednesday, August 28**. You will meet your Roundtable, get your schedule, run through a shortened class day, and then participate in a day of team building, games, and lunch (provided by the school) at Agassiz Village. You will not need school supplies on this day. This day is also a FULL day of school. No early release! The regular early release Wednesday schedule begins on September 4 and dismissal time will be 1:10 as usual.

**SOPHOMORES, JUNIORS AND SENIORS**

Your first day of school is **Thursday, August 29**. It is a **BLUE day** and a full day of school. You will start the day in your Roundtable so you can get your schedules. If you are going to **LRTC this year**, this will be your first day of school for those programs as well. The bus to LRTC leaves at **7:20** from the front circle of PRHS. Please check your schedule, or call us as at school, to see if this applies to you.

**SCHEDULES ARE AVAILABLE ON INFINITE CAMPUS**

For returning students and incoming 9th graders from Whittier, your user name and login for IC is still valid. If you have trouble logging in, please email [infinitecampus@rsu16.org](mailto:infinitecampus@rsu16.org) for assistance. If you are a new student with no IC account and no older siblings at PRHS, you will receive your IC login information during the first week of school in Roundtable. We can provide schedules for students with no IC accounts if you come in to school, call or email us.

Please contact your student's school counselor if you want to make changes to your schedule before school starts. Mrs. Rhoads (last names A-F), Ms. Bush (last names G-M), and Mr. McFadden (last names N-Z) will be back at school beginning Friday, August 16.

**OPEN HOUSE**

Our annual open house will be **Wednesday, September 4 from 6-7:00**. This is a great time for parents to put faces to the names of your student's teachers!

**MONTHLY NEWSLETTER**

We will send out a newsletter every month throughout the school year to keep you up to date on events at school. We always mail a paper copy of the newsletter in August to make sure all of our new students and incoming 9th graders receive it. After this month, you will receive the newsletter electronically in an email. All newsletters will be posted on our website so you can review past editions. Please be sure to keep your email address updated. **If you do not have internet access and still need a paper version sent in the mail during the school year, please contact Sandy Moreau in the high school main office (998-5400, ext 100 or [smoreau@rsu16.org](mailto:smoreau@rsu16.org)).**

All teacher email addresses and other information can be found at our school website, <https://www.rsu16.org/prhs/staff-by-area>

Please do not hesitate to contact us if you have questions or concerns.

Cari Medd  
[cmedd@rsu16.org](mailto:cmedd@rsu16.org)  
998-5400 ext. 129

Welcome to the new school year! Summer school this year flew by--we had over fifty students here meeting standards and making up work in their core classes. The teachers report that everything has gone smoothly. Students may have preferred to be somewhere else in July, but their experience taught them a few things about how to take July off in the future:

1. Write down every assignment with a due date, the name of the course, and the name of the teacher who assigned it. Keep this on a device or in a notebook.
2. Identify people at home and at school who can help with particular assignments. Many teachers are at school outside regular hours. The Learning Center is open from 7:15-3:30 every day.
3. Make short-term goals to keep focused on current work (“I’ll write the essay now and tackle the map assignment after supper.”). Think about the benefit the work will have in the long run.
4. **Turn off all devices when in class to avoid distraction.** Texting in class is a sign that there’s a problem with the work, NOT that the text is so important.

--**Freshmen orientation** will be Wednesday, August 28. We will start at the high school. Buses will run a regular schedule, arriving at PRHS between 7:10 and 7:20. Freshmen will be at Agassiz Village from 9:30 to 1:30. Buses will leave PRHS at 2:10. All 9th grade students are expected to attend.

--We are continuing the **mentoring** program. Students interested in becoming mentors should come to the office beginning August 21 to pick up applications. Students who are returning mentors do NOT need to reapply. They will keep their mentees from last year.

--Students who will drive to school on the first day must obtain a **parking pass** by August 28. Parking passes will be available beginning August 21 and will be numbered. Students must park in the space that corresponds to the pass number. ***This is the student’s reserved parking space—no other drivers will be permitted to park there.*** The cost is \$2 and students will need to present proof of insurance, current registration, and a driver's license. After August 28, drivers of cars without parking passes displayed on the rearview mirror or dashboard will be subject to discipline. Students will also sign an agreement to drive responsibly and safely while on school property. Students who drive recklessly or inappropriately may have their driving privileges suspended. We may also contact law enforcement. Students MAY NOT park anywhere other than the space assigned to them in the student parking lot without permission from administration.

--The **student drop-off and pick-up** area is the middle circle between the bus lane and the teacher/guest lot. Please **do not** park or wait for children in the bus/emergency vehicle lane.

-- We encourage parents to work with the school staff to keep their children in school or to provide timely excuses for absences. Please call us at 998-5400 x124 within 24 hours of an absence, beforehand when possible. Please **notify us well in advance of planned absences** longer than three days and we will help your child collect homework. State truancy proceedings will begin when a student is absent unexcused for the tenth time or for the seventh day in a row. We will meet with parents to plan for regular attendance.

***Excessive excused absences also impact academic performance and will be addressed throughout the year.***

--Elections for the **Judiciary Board** and **Student Representative Board** (student government) will be held within the first two weeks of school. Please encourage your children to consider running.

Please contact me at [pflynn@rsu16.org](mailto:pflynn@rsu16.org) or 998-5400 x120 if you have questions or comments.

Patrick Flynn, Assistant Principal

Summer 2019

*It's hard to believe that in a few weeks we'll be welcoming the Class of 2023 to PRHS! We are excited to meet the new freshmen and to welcome back our sophomores, juniors and seniors! Even though it is summer, there is still a lot going on, even if we don't have any offices yet...*

### **DON'T FORGET TO DO YOUR SUMMER READING!**

**Summer work is required for English I, II, III, and Senior English, as well as most AP courses! All summer work is found on the main webpage for PRHS!**

**STILL LOOKING FOR CLASSES FOR NEXT YEAR?** We still have spots in many of our classes. We also will have options with the state run **AP4ME** program. Many of these classes may have already filled up, so contact your counselor ASAP to sign up now! College classes are also still available, such as at USM, CMCC, or St. Joe's. We also have courses from UMFK to offer online. Still looking for something different? Remember we offer internships as well. Email your counselor!!

**SENIORS** – September will be here before we know it! Take advantage of some down time this summer to **continue your research of college, military and work options** for after high school. It's also a great time to **visit college campuses** to see first-hand what they have to offer. You could even start drafting your college essay! We'll jump right in with senior meetings and senior appointments as soon as we return to school in August.

**SENIORS! NEED TO SIGN UP FOR SATs FOR NEXT YEAR?** Go ahead – registration is now open at the College Board website. Remember your username and password if you used the site last year to check your SAT scores online. The first set of SATs is August 24! That deadline is July 26. The next test is October 5 with a registration deadline of September 6. *Remember if you are on free or reduced lunch you get the test for free but must sign up with your counselor*

**For those of you who like to plan ahead – mark your calendars for the following events:  
NEACAC College Fair – Tuesday, September 24 from 6:30-8:00 pm at USM –  
Portland**

Counselors will return to work full-time in late August. In the meantime, we'll be in and out of the office throughout the summer, but we will be checking email frequently. Remember that we don't have any actual offices at this time, so email is best to reach us.

## Extra-Curricular

The Fall Parent Meeting for all student athletes and parents will take place Sunday August 18, at 6:00 pm in the PRHS auditorium. Parents, athletes, and coaches must attend. Football equipment will also be handed out that evening.

Athletes must have in order to participate on Monday:

- Current physical on file with the school, or bring a copy to Mr. King.
- Parents must register athletes on FamilyID, our online registration. Registration for summer activity does not cover the fall. If you registered this summer it will be an easy registration. Be sure to use your existing registration.

**Online Registration:** Access online registration at [www.familyid.com/rsu-16](http://www.familyid.com/rsu-16) If you are having difficulty, please contact the FamilyID help line at 888-800-5583 x1 or email [support@familyid.com](mailto:support@familyid.com).

### Important Dates

August 18: football equipment pick-up

August 18: Parent/Player/Coach Meeting 6 PM

August 19 practice begins for high school athletics

#### Team Practice times:

Football:	8:00-10:00am	<i>and</i>	4:00-6:00pm
Field Hockey:	7:00am-8:00am (track)	<i>and</i>	5:00-7:00 pm
Girls' Soccer:	6:30-8:00am (track)	<i>and</i>	4:30-7:00pm
Boys' Soccer:	7:00 am-9:30am (HS practice field)	<i>and</i>	4:00-6:30pm (MS Practice field)
Golf:	3:30-6:00 (Poland Spring Golf)		
Cheer:	5:00-7:00 (track)		
Cross Country:	6:00-7:30 (track)		

August 27, Athletics Team Picture Day with Lifetouch (HS)

August 29 at 6:30 pm Whittier MS Parent Athlete Coach Meeting

September 3, Whittier MS Practice will begin

September 10, Whittier MS Athletics Picture Day will be

**Participation Fee**-there are no fees required for our fall sports.

### Our Fall HS Coaches

Football staff-Spencer Emerson, Bob Chaisson, Ryan Bentley, Alfonso Belnavis, Tim Matteson

Boys' Soccer staff- David Coyne, Manuel Kiambuwa, Whitney Casavina

Girls' Soccer staff-Katrina Seely, Jenn Powell

Field Hockey staff-Mara Balboni, **TBA**

Cross Country staff-Sean Galipeau-Eldridge, Ray Lafreniere, Phil Brienza

Fall Cheering- Michelle Coltart

Golf- Gregg Rose

**Openings:** At this time, we still have a few fall coaching openings:

MS Boys' soccer, MS Girls' Soccer, MS Field Hockey

## Co-Curricular

Parents, be sure to have a conversation with your kids about co-curricular credits. Each of our freshman, sophomore, and junior students must get 2 credits during high school to march at graduation. Athletics count toward these credits, but there are many other ways. Our students will have an opportunity to join one of many clubs or other activities throughout the year. There will be a chance to learn about many of these opportunities when school opens. If they have completed at least one year at PRHS, they should have a plan.

**Go Knights!!**



# What is JMG?

## What is Jobs for Maine's Graduates (JMG)?

JMG partners with Maine's public middle and high schools, community colleges, and our university system to help students reach their fullest potential. JMG serves more than 10,000 students in communities throughout all of Maine's 16 counties. JMG is the only nonprofit in Maine offering a continuum of support to help students transition from middle school through high school graduation, onto post-secondary education through degree attainment and connections to successful career pathways.

JMG programs are hosted within Maine's public schools, and classes and year-round activities are led by JMG Specialists who serve as mentors and educators. Specialists are able to develop student-centered, personalized education plans, delivered through a competency-based curriculum focusing on academic knowledge, career development skills, leadership, and teamwork.

JMG increases high school graduation rates, college retention, and degree attainment. It prepares students for successful careers after graduation by helping them overcome academic, financial, and social barriers. It empowers Maine students and models Maine's next generation of young leaders, providing them with a toolbox of skills, knowledge, and best practices that they can use throughout their lives to achieve self-sufficiency, pursue their aspirations, and attain success. Each JMG student leaves the classroom with pride, direction, and a clearer sense of what they want out of life and how they are going to achieve it.

JMG's connection to Maine businesses is an important part of achieving successful results on behalf of our students. By visiting our classrooms, hosting job shadows and internships, and volunteering at student enrichment activities, JMG's business partners help to expose students to Maine's diverse network of employers and career opportunities.

Accompanying this letter is a document highlighting some of the "Additional Benefits of JMG" as well as a "JMG Brochure" showcasing some of our student outcomes. You can also learn more about JMG at [www.jmg.org](http://www.jmg.org).



# Additional Benefits

## **Follow Up**

JMG is the only nonprofit in Maine offering a continuum of support to help students transition from middle school through high school graduation, onto post-secondary education through degree attainment and connections to successful career pathways. A unique service of JMG that distinguishes our program from others is

our commitment to formal follow-up support of students. Through follow-up, JMG Specialists continue to serve students for a minimum of 12 months. During this period, Specialists provide guidance and mentoring to ensure a smooth transition for middle school students transitioning to high school and for high school students transitioning to post-secondary education, training and/or the workforce, supporting them as they follow through with plans for life after high school.

## **Foster Care Youth**

JMG provides both a competency-based high school education model, including alternative delivery options and support, and post-secondary support services for all eligible foster care youth. In high school, JMG tailors its approach and offers flexibility in its program, curriculum, and delivery model to offer a continuum of high-value support to all youth in care served through this alternative model. Youth receive personalized guidance and support (one-on-one counseling, group work, out-of-school time). JMG's Specialists deliver curriculum to help ensure youth attain a multitude of skill-based competencies to prepare them for post-secondary education and career pathways. The Opportunity Passport™ program provides financial literacy skills and an opportunity for matched savings designed to help youth successfully transition to adulthood. Experienced staff at Jobs for Maine's Graduates (JMG) provide ongoing, consistent support as youth develop savings goals and plan for asset purchases.

## **College Success Program**

JMG's College Success Program (CSP) is a comprehensive bridging and retention program that starts in high school and continues seamlessly through college. The singular and overarching goal of the CSP is to help students with barriers to education obtain a post-secondary credential.

In partnership with Maine colleges, the CSP plays a critical role in students' success and can mean the difference between a student completing college or dropping out. JMG's College Success Program has been designed based on our own extensive experiences helping students graduate both high school and college, as well as the latest research from college-bridging and retention programs nationwide. Eligible students include those who were part of a JMG program in middle or high school, youth who are or have been in foster care, and college students who received their GED within the last five years. In the years leading up to college, the CSP helps students prepare for and aspire to college through academic support, campus tours, application assistance, and more. Once in college, the CSP provides students with a range of individualized services including academic, social, and financial support.

## **Maine Department of Health and Human Services Scholarships**

DHHS established the Postsecondary Success Navigation model to support economically disadvantaged youth. The model is aimed at ensuring young people in this priority population are successfully transitioning to postsecondary education. Administered by JMG, this initiative provides scholarship funds to JMG students seeking a post-secondary credential that falls outside of a traditional four-year baccalaureate program, such as career and technical schools, trade-based training and education programs, vocational training, apprenticeships and other career related certification or licensing pathways.

## **Voc Rehab**

In partnership with the Maine Department of Labor, JMG provides effective work-based learning experiences in coordination with other transition services, including pre-employment transition services and customized employment, to students with disabilities to ensure that those students are prepared for postsecondary education and competitive integrated employment.





Class of 2020

## Upcoming Events:

August 3<sup>rd</sup> Car wash Advanced Auto Parts 9:00am to 2:00pm

Looking for Volunteers please contact Joelle Powell - [Joellecpowell@gmail.com](mailto:Joellecpowell@gmail.com)

August 15<sup>th</sup> Meeting @ Poland Ricker Library 6:00pm

Meetings will be held every 3<sup>rd</sup> Thursday of the month @ the Ricker Library

August 17<sup>th</sup> Compass Rose event we are looking for Volunteers age 15 and older we need 26 people. Please contact Beth [boopa\\_davis@yahoo.com](mailto:boopa_davis@yahoo.com) if you would like to volunteer.

Ongoing bottle drive @ Dads Place just drops your bottles off and tell them they are for Project Grad!

Find us on Facebook! PRHS Project Grad 2020

We would love to see you at the meetings!

Co- Chair- Melanie Vincent      [celestetigtucker@gmail.com](mailto:celestetigtucker@gmail.com)

Co-Chair- Beth Davis              [boopa\\_davis@yahoo.com](mailto:boopa_davis@yahoo.com)

Secretary - Kristina Worden

Treasure- Liz Sullivan

## LETTER TO FAMILIES – FREE AND REDUCED PRICED MEALS

Dear Parent/Guardian:

RSU 16 offers a choice of healthy meals each school day. Children may buy lunch for **\$2.50 at ESS, PCS & MCS** and **\$2.75 at PRHS & BWMS** and breakfast for **\$1.25**. Children who qualify under U.S. Department of Agriculture guidelines may get meals free or for a reduced price of **\$.40** for lunch and *no charge* for breakfast. All meals served must meet nutrition standards established by the U.S. Department of Agriculture. If a child has a disability, as determined by a licensed medical authority, and the disability prevents the child from eating the regular school meal, the school will make substitutions prescribed by a licensed medical authority. If a substitution is needed, there will be no extra charge for the meal. Please note, however, that the school is not required to make a substitution, unless it meets the definition of disability. Please call the school for further information.

Your child can get free school meals if any member of the household receives SNAP, Temporary Assistance for Needy Families (TANF) or benefits from the Food Distribution Program on Indian Reservations (FDPIR). If your total household income is the same or below the amount on the Income Chart, your child can get meals either free or at a reduced price. To apply, fill out the Free and Reduced Price Meal Application and return it to: \_\_\_\_\_.

**Will the form be verified?** Your eligibility may be checked at any time during the school year. School officials may ask you to send written evidence that shows your child should get free or reduced price school meals.

**Can I appeal the school's decision?** You can talk to school officials if you do not agree with the school's decision on your form. You also may ask for a fair hearing by contacting \_\_\_\_\_ at \_\_\_\_\_.

**Will information on my form be kept confidential?** We will use the information on your form to decide if your child should get free or reduced price meals. We may inform officials connected with other child nutrition, health and education programs of the information on your form to determine benefits for those programs or for funding and/or evaluation purposes.

**Can I apply for free and reduced price meals later?** You may apply for free and reduced price meals at any time during the school year. If you are not eligible now but have a change, like a decrease in household income, an increase in household size, become unemployed or get SNAP, TANF or benefits from FDPIR, complete a form then.

We will notify you if your application has been approved or denied.

Sincerely,

**Ellen Dore**  
**Food Service Director**  
**(207) 998-5400 ext 107**

School Year 2020 Income Guidelines For Reduced Price Meals	
REDUCED	
INCOME GUIDELINES	
Household Size	Monthly
1	1,926
2	2,607
3	3,289
4	3,970
5	4,652
6	5,333
7	6,015
8	6,696
For each additional family member add:	
	682

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency where they applied for benefits. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

USDA is an equal opportunity provider, employer, and lender.

The Maine Human Rights Act prohibits discrimination because of race, color, sex, sexual orientation, age, physical or mental disability, genetic information, religion, ancestry or national origin.

If you wish to file a discrimination complaint electronically, please select [File a Complaint](#) and complete an intake questionnaire. Before completing this process it may be helpful to review relevant links under Guidance. If you are not sure how the Maine Human Rights Act may apply to, you please review the publication "[What It Is! How It Works!](#)". Maine is an equal opportunity provider and employer.

## Instructions for Completing the Free and Reduced Price School Meal Household Application

Complete the Free and Reduced Price School Meal Household Application using the instructions below.

Sign the form and return it to: \_\_\_\_\_ If you need help, call: \_\_\_\_\_

### Step 1 STUDENT INFORMATION

- (a) List all students living in the household
- (b) Include the name of the school they attend (if known)
- (c) If the student is a Foster, Homeless or Migrant child, check the applicable box.
  - a. A foster parent or other official representing the child must sign the form in step 4. You do not have to list a social security number.
- (a) Foster children should be included as a household member. This may help other household members qualify for benefits.

### Step 2 BENEFITS

- (a) If any members of your household receive SNAP, TANF or FDPIR assistance provide the case number and name of the person receiving these benefits. Skip step 3.
- (b) Sign the form in 4. An adult household member must sign. You do not have to list a social security number.

### Step 3 INCOME

- (a) Write the names of each person living in your household.
- (b) Write the amount of income each person receives before taxes and other deductions. Each income amount should be entered in the appropriate column on the form.
- (c) Check the box for how often each income is received.
- (d) If anyone is self-employed, write the amount of income the person earns from self-employment; for example, income from being a family day care home provider, or operating a farm. Please call the school if you need help.

### Step 4 SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER:

- (a) The form must have the **signature** of an adult household member.
- (b) The adult household member who signs the statement must include the **last four digits of his/her social security number**. *If he/she does not have a social security number, check the appropriate box.* A social security number is not needed if you listed a SNAP or TANF case number or if you are applying for a foster child.

**Step 4 OTHER BENEFITS: Optional.** You may complete this section only if you wish to receive information about Medicaid or Maine Care benefits.

**Step 5 CHILDREN'S ETHNIC/RACIAL IDENTITY: Optional.** You are **not required** to answer this question to get meal benefits, but completion of this information will help ensure everyone is treated fairly.

### INCOME TO REPORT

Earnings from Work	Public Assistance/Child Support/Alimony Received	Pensions/Retirement/Social Security & Other Income
-Salary, wages, cash bonuses -Net income from self-employment (farm or business)  If you are in the military: -Basic pay and cash bonuses (do not include combat pay, FSSA or privatized housing allowances) --Allowances for off-base housing, food and clothing	-Unemployment benefits -Worker's compensation -Social Security Income (SSI) -Cash assistance from State or local government -Alimony payments -Child support payments -Veteran's benefits -Strike benefits	-Social Security (including railroad retirement and black lung benefits) -Private pensions or disability benefits -Regular income from trusts or estates -Annuities-Investment income -Earned interest -Rental income -Regular cash payments from outside household

## FREE AND REDUCED PRICE SCHOOL MEAL HOUSEHOLD APPLICATION - SY 2020

**Step 1: STUDENT INFORMATION** List all students living in the Household

<hr/>	<hr/>	<hr/>	Foster Child <input type="checkbox"/>	Homeless/Migrant <input type="checkbox"/>
<b>Student Last Name</b>	<b>Student First Name</b>	<b>School</b>		
<hr/>	<hr/>	<hr/>	Foster Child <input type="checkbox"/>	Homeless/Migrant <input type="checkbox"/>
<b>Student Last Name</b>	<b>Student First Name</b>	<b>School</b>		
<hr/>	<hr/>	<hr/>	Foster Child <input type="checkbox"/>	Homeless/Migrant <input type="checkbox"/>
<b>Student Last Name</b>	<b>Student First Name</b>	<b>School</b>		
<hr/>	<hr/>	<hr/>	Foster Child <input type="checkbox"/>	Homeless/Migrant <input type="checkbox"/>
<b>Student Last Name</b>	<b>Student First Name</b>	<b>School</b>		

**Step 2: BENEFITS** If any members of your household receive SNAP, TANF or FDPIR assistance provide the case number and name of the person receiving these benefits. You may skip step 3.

Name: \_\_\_\_\_ \_\_\_\_\_   
**SNAP or TANF Number** **Letter**

**Step 3: INCOME** List ALL Household Members including students listed above and total gross income (before deductions).

Names	Gross Income														
	Earnings from Work before deductions	Weekly	Every 2 weeks	2 times/month	Monthly	Welfare, Child Support, Alimony received	Weekly	Every 2 weeks	2 times/month	Monthly	Pensions, Retirement, Social Security & All Other Income	Weekly	Every 2 weeks	2 times/month	Monthly
Household Member	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Step 4: Required - Adult signature and last four digits of social security number**

*I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws.*

**Signature of Adult:** \_\_\_\_\_ **Last 4 Digits of Social Security Number:** \_\_\_\_\_  I do not have a Social Security Number

**Printed Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**\* FOR SCHOOL USE ONLY \***

Annual Income Conversion: Weekly x 52, Every 2 weeks x 26, Twice a month x 24, Monthly x 12

Total Income: \_\_\_\_\_ Household Size: \_\_\_\_\_ Free \_\_\_\_\_ Reduced \_\_\_\_\_ Denied \_\_\_\_\_ Categorically eligible free: \_\_\_\_\_

Determining Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Confirming Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Step 5: OTHER BENEFITS – You do not have to complete this part to get free or reduced price school meals.**

It's not too late to sign up for free or low-cost health coverage! Enrollment is open year-round. Children or teens in a family may qualify for MaineCare. Children can get regular check-ups, immunizations, doctor and dentist visits, hospital care, mental health services, prescriptions and more. You can apply online using [My Maine Connection](#). If you have questions or would like assistance with your application, call the Consumers for Affordable Health Care (CAHC) at 1-800-965-7476. I understand that I will be releasing information that will show that I applied for free and reduced price school meals for my child. I give up my rights to confidentiality for the purpose of applying for health insurance only. I certify that I am the parent/guardian of the child for whom application is being made.

Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

**Step 6: CHILDREN'S ETHNIC and RACIAL IDENTITIES:** Optional. You are **not required** to answer this question.

Mark one ethnic identity:

- Hispanic or Latino
- Not Hispanic or Latino

Mark one or more racial identities:

- Asian
- White
- Black or African American
- American Indian or Alaska Native
- Native Hawaiian or Other Pacific Islander
- Other

**NOTIFICATION OF ELIGIBILITY**

DATE:

Dear Parent/Guardian:

Your application for free or reduced price meals for your child(ren) has been:

- Approved for applicable programs listed below (check all that apply)
  - Free Lunches
  - Free Breakfasts
  - Free After School Snacks
  - Free Milk for K and Pre-K, if meals are unavailable to them
  - Reduced price lunches at \$\_\_\_\_\_ per meal
  - Reduced price breakfast at \$\_\_\_\_\_ per meal
  - Reduced price After School Snacks at \$\_\_\_\_\_ per snack
- Denied because:
  - Household income is over the amount allowable.
  - The application is missing \_\_\_\_\_.
- Other \_\_\_\_\_.

You may appeal this decision by contacting the Hearing Official, \_\_\_\_\_ at (phone/email of Hearing Official) \_\_\_\_\_.

Sincerely,

\_\_\_\_\_  
Approving Officer

REDUCED INCOME GUIDELINES	
Household Size	Monthly
1	1,926
2	2,607
3	3,289
4	3,970
5	4,652
6	5,333
7	6,015
8	6,696
For each additional family member add:	
	682

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the primary wage earner or other adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency where they applied for benefits. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). USDA is an equal opportunity provider, employer, and lender.

The Maine Human Rights Act prohibits discrimination because of race, color, sex, sexual orientation, age, physical or mental disability, genetic information, religion, ancestry or national origin. If you wish to file a discrimination complaint electronically, please go to [https://www.maine.gov/mhrc/file\\_a\\_complaint/general\\_intake\\_form.htm](https://www.maine.gov/mhrc/file_a_complaint/general_intake_form.htm) and complete an intake questionnaire. Before completing this process, it may be helpful to review relevant links under Guidance. If you are not sure how the Maine Human Rights Act may apply to you, please review the publication, "What It Is! How It Works" located at [https://www.maine.gov/mhrc/guidance/what\\_it\\_is.htm](https://www.maine.gov/mhrc/guidance/what_it_is.htm). Maine is an equal opportunity provider and employer.

## 504 Management System

The 504 Management System is available for those who would like more information. In particular, there is a section for staff, parents and students that is available for review upon request.

Parents of students who are referred to Section 504 will receive a notice of parent/student rights, which is also available upon request and on the district's website under the Special Education link.



## District 504 Coordinators

### Central Office

Holly Day, Special Education Director  
998-2727 x112  
hday@rsu16.org

### Elm Street School

Jessica Madsen, Principal  
345-3381  
jmadsen@rsu16.org

### Minot Consolidated School

Kaitlynn Brown, Principal  
346.6471  
kbrown@rsu16.org

### Poland Community School

Rick Benoit, Principal  
998.4915  
rbenoit@rsu16.org

### Bruce M. Whittier Middle School

Bonnie Robbins, School Counselor  
998.3462 x126  
brobbins16@rsu16.org

### Poland Regional High School

Hillary Bush, Director of Guidance  
998.5400 x101  
hbush@rsu16.org

Corey McFadden, School Counselor  
998.5400 x106  
cmcfadden16@rsu16.org

Carrie Rhoads, School Counselor  
998.5400 x125  
crhoads@rsu16.org



RSU 16 Special Education  
3 Aggregate Road  
Poland, ME 04274  
998.2727 xtn. 4  
www.rsu16.org

## Section 504

**An informational guide  
for Section 504 of the  
Rehabilitation Act of 1973**

## What is Section 504?

Section 504 is part of the Federal Rehabilitation Act of 1973, which was enacted by Congress to combat discrimination against individuals with disabilities in services, programs and activities administered by any entity that receives federal funds, including public schools.

## What if You Suspect a 504 Disability?

- Each building in the District has a designated Building Coordinator for Section 504. If you have questions about referral, eligibility, or services, contact your child's school and ask for a Building 504 Coordinator.
- Be ready to assist in documenting a disability.
- Provide any existing evaluations or information you may have.
- Attend the 504 meeting.
- Be an active partner in the process with the school.



## How Does the Section 504 Process Work?

The District has established a set of procedures and forms that guide Section 504 processes to ensure that the school meets its Section 504 responsibilities to students. A summary of that process follows:

- Any parent, legal guardian or school staff member may initiate a referral of a student who is believed to be a child with a disability under Section 504. An adult student of eligible school age also may initiate such a referral for him/herself.
- A referral for Section 504 must be forwarded to the Building 504 Coordinator. This person shall ensure that the District's 504 Referral Form is properly completed, which will initiate the 504 referral process
- The building Section 504 Coordinator will convene a team meeting within a reasonable time to consider the information gathered with the person making the request. The Team will document their decision and provide notice of rights and responsibilities to parent/guardian. The team may need to further evaluate the student to determine appropriate placement. The Team also may decide to refer the child to the District's special education process, or to access any available pre-referral process that may be operating in the school building.
- At any point in the 504 process, school staff or the parent/guardian or adult student may initiate a referral to consider the student's eligibility for special education.

## Who is Eligible for Section 504?

*A student with a disability should be considered for eligibility under Section 504 if he/she:*

- has a physical or mental impairment which *substantially limits* one or more **\*major life activities**.
- has a record of such impairment; or
- is regarded as having such an impairment

**\*Major life activities** (includes but are not limited to) caring for oneself, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. Examples of "impairments" include (but are not limited to) severe allergies, cerebral palsy, diabetes, and epilepsy.

## What is a 504 Plan?

Students who meet the eligibility guidelines will have a 504 plan developed for use in school. The Plan specifies the nature of the impairment, the major life activity affected by the impairment, accommodations necessary to provide access based on the student's needs, and the person(s) responsible for implementing the accommodations.

Accommodations should be specific to the individual student and should not include accommodations typically provided to general education students.

Accommodations should be specific to the individual student's physical or mental impairment in terms of the substantial limitation to the major life activity. Accommodations must be documented in writing.



# RSU 16

MECHANIC FALLS, MINOT, POLAND  
1457 MAINE STREET  
POLAND, MAINE 04274

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## ANNUAL NOTIFICATION OF FERPA GUIDANCE FOR PARENTS

The Family Educational Rights and Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99) is a Federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education.

FERPA gives parents certain rights with respect to their children's education records. These rights transfer to the student when he or she reaches the age of 18 or attends a school beyond the high school level. Students to whom the rights have transferred are "eligible students."

- Parents or eligible students have the right to inspect and review the student's education records maintained by the school. Schools are not required to provide copies of records unless, for reasons such as great distance, it is impossible for parents or eligible students to review the records. Schools may charge a fee for copies.
- Parents or eligible students have the right to request that a school correct records which they believe to be inaccurate or misleading. If the school decides not to amend the record, the parent or eligible student then has the right to a formal hearing. After the hearing, if the school still decides not to amend the record, the parent or eligible student has the right to place a statement with the record setting forth his or her view about the contested information.
- Generally, schools must have written permission from the parent or eligible student in order to release any information from a student's education record. However, FERPA allows schools to disclose those records, without consent, to the following parties or under the following conditions (34 CFR § 99.31):
  - School officials with legitimate educational interest;
  - Other schools to which a student is transferring;
  - Specified officials for audit or evaluation purposes;
  - Appropriate parties in connection with financial aid to a student;
  - Organizations conducting certain studies for or on behalf of the school;
  - Accrediting organizations;
  - To comply with a judicial order or lawfully issued subpoena;
  - Appropriate officials in cases of health and safety emergencies; and
  - State and local authorities, within a juvenile justice system, pursuant to specific State law.

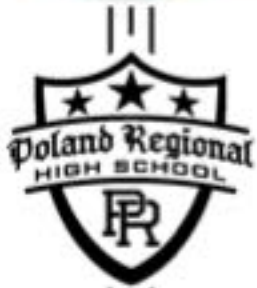
Schools may disclose, without consent, "directory" information such as a student's name, address, telephone number, date and place of birth, honors and awards, and dates of attendance. However, schools must tell parents and eligible students about directory information and allow parents and eligible students a reasonable amount of time to request that the school not disclose directory information about them. Schools must notify parents and eligible students annually of their rights under FERPA. The actual means of notification (special letter, inclusion in a PTA bulletin, student handbook, or newspaper article) is left to the discretion of each school.

For additional information, you may call 1-800-USA-LEARN (1-800-872-5327) (voice). Individuals who use TDD may use the [Federal Relay Service](#).

Or you may contact us at the following address:

Family Policy Compliance Office  
U.S. Department of Education  
400 Maryland Avenue, SW  
Washington, D.C. 20202-8520





**RSU 16**  
MECHANIC FALLS, MINOT, POLAND  
1457 MAINE STREET  
POLAND, MAINE 04274



**2015-2016 Demographic Reporting Requirement**

Reporting in accordance with new federal requirements necessitates the mandatory collection of ethnicity and race of all students. This change was made to better reflect the growing diversity across the country. In compliance, RSU16 is asking that the following questions be completed for all students.

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Is the individual Hispanic/Latino? (choose one)      No \_\_\_\_ Yes \_\_\_\_  
\_\_\_\_\_

Is the individual from one or more of the following races?  
(choose at least one):

Asian \_\_\_\_

Black or African American \_\_\_\_

Native Hawaiian or Other Pacific Islander \_\_\_\_

American Indian/Native Alaskan \_\_\_\_

White \_\_\_\_



# RSU 16

MECHANIC FALLS, MINOT, POLAND  
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## ANNUAL HEALTH UPDATE

Student Name \_\_\_\_\_ DOB \_\_\_\_\_ Grade \_\_\_\_  
RT Advisor/HR Teacher \_\_\_\_\_  
Student's Physician \_\_\_\_\_ Physician Phone # \_\_\_\_\_  
Insurance/MaineCare (Please Circle) Policy # \_\_\_\_\_

Dear Parent/Guardian

The medical/health information forms are kept confidential and will help school personnel meet the needs of your child. Medical records are kept in the nurse's office.

Please List:

1. Health Problems \_\_\_\_\_  
\_\_\_\_\_
2. Hospitalization(s) or treatment(s) by a physician since last year \_\_\_\_\_  
\_\_\_\_\_
3. Restrictions that your child my have \_\_\_\_\_  
\_\_\_\_\_
4. Medication(s), the dosage, the time of day taken and the reason that your child takes the medication \_\_\_\_\_  
\_\_\_\_\_
5. If your child uses an inhaler or epi-pen we must have a doctor's note stating that the child has a medical reason for the medication. Please include a copy of the child's Asthma Action Plan/Food Allergy Action Plan/or Physician note.

Please list all ALLERGIES and INTOLERANCES below. (Please provide doctors note for any intolerances or allergies that require dietary changes at school)

Foods \_\_\_\_\_  
Medicine \_\_\_\_\_  
Environmental \_\_\_\_\_  
Bee Stings \_\_\_\_\_  
Latex \_\_\_\_\_  
Other \_\_\_\_\_  
Additional Information or Concerns \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signed (Parent/Guardian) \_\_\_\_\_ Date: \_\_\_\_\_



# RSU 16

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## STANDING ORDERS PERMISSION FORM

Student's Name \_\_\_\_\_ DOB \_\_\_\_\_  
Grade \_\_\_\_\_ RT Advisor/HR Teacher \_\_\_\_\_  
Student Allergies \_\_\_\_\_

My child has permission to receive the following medication/treatments as approved by the school physician when indicated during school hours.

Tylenol/Acetaminophen 325 mg - 1000 mg or appropriate dosage in accordance to child's weight, every 4 hours as needed. (for fever of pain)

Benadryl 12.5 mg - 25 mg or 25 mg - 50 mg every 6 hours as needed for itching.

EPI-PEN Jr 0.15 mg or EPI-PEN 0.3 mg for severe allergic reaction with breathing difficulty. (anaphylactic reaction)

Tums or Rolaids (minor gastric upset or minor heartburn)

Antibacterial Soap, Hydrogen Peroxide, First Aid Cream, Bacitracin, or Neosporin

Hydrocortisone Cream 1% (symptoms of rash, inflammation, itch)

Calamine Lotion (bug bites/itch)

Chloraseptic Spray (sore throat)

Cough Drops (Parents may send these in with child. Elementary age students should have them kept in the nurse's office.)

Anbesol/Orajel/Orabase Paste (minor bum or tooth irritation)

Petroleum Jelly (dry lips or irritated areas)

Aloe Vera Gel (minor sunburns, burns, or chaffed skin)

Sterile Saline Eye Wash (minor eye irritation)

Contact Lens Solution (to clean contact lenses)

Sting Swab/Meat Tenderizer and Baking Soda Paste (insect/bee stings)

I understand that school employees are not medically trained personnel and that the school nurse or LPN may not always be available to dispense the above medication/treatments. With full knowledge of this, I hereby give permission for the administration of the above medication/treatments by the school nurse and/or LPN, or other non-medical school personnel designated by the school principal.

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



# RSU 16

MECHANIC FALLS, MINOT, POLAND  
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POLAND, MAINE 04274

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## MILITARY/COLLEGE RELEASE FORM

### NOTICE TO PARENTS OF POLAND REGIONAL HIGH SCHOOL ON RELEASE OF INFORMATION TO MILITARY RECRUITERS AND COLLEGES

A federal law, the NO CHILD LEFT BEHIND ACT, requires secondary schools to provide student names, addresses and telephone numbers to both military recruiters and institutions of higher education, upon request. Parents and legal guardians of students, however, have the right to request that the schools NOT release such information without prior written parental consent.

The purpose of this notice is to inform you of the new law and to provide you the opportunity to request that information about your child NOT be released to either military recruiters or institutions of higher education. To PREVENT the release of information, you must inform us by filling out the form below. If you do not inform us otherwise, we will be required by federal law to disclose your child's name, address and telephone numbers to military recruiters and institutions of higher education that request this information.

Please return this form to the PRHS Guidance Office as soon as possible. Please contact the Guidance Office if you need further information.

#### PARENT/GUARDIAN REQUEST:

As parent/guardian please do NOT release my child's name address or telephone number to the following institutions without my consent.

Please List Children: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do NOT send my child's information to the following CHECKED institutions.

- Military Recruiters
- Institutions of Higher Education

#### STUDENTS 18 YEARS OF AGE OR OLDER:

As a student of Poland Regional High School, I \_\_\_\_\_ do NOT want my name, address or telephone number released to the following CHECKED institutions.

- Military Recruiters
- Institutions of Higher Education

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

School Verification of Age: \_\_\_\_\_



# Poland Regional High School

1457 Maine street, Poland, Maine 04274  
ph.-207.998.5400 fax-207.998.5060

**Cari Medd**  
Principal  
[cmedd@rsu16.org](mailto:cmedd@rsu16.org)

**Patrick Flynn**  
Assistant Principal  
[pflynn@rsu16.org](mailto:pflynn@rsu16.org)

**Donald King**  
Dir. of Co-Curricular Activities  
[dking@rsu16.org](mailto:dking@rsu16.org)

## MILITARY-DEPENDENT CHILD IDENTIFIER

STUDENT NAME \_\_\_\_\_

Are one or both of this student's parents on full-time duty status in the active uniformed service of the United States (including members of the National Guard and Reserve on active duty orders), or within one year of medical discharge or retirement from those uniformed services? Parent is not required to provide this information.

Please check yes or no below:

YES

NO

FIRST DAY: \*\*\* FULL DAY \*\*\*

August 28th (K-7 and Grade 9)  
August 29th (All Other Grades)

RSU 16

2019 - 2020

SCHOOL CALENDAR

In-Service Days	August					Days	September					Days		
August 23rd, 26th & 27th	M	T	W	T	F	Months	M	T	W	T	F	Months		
October 11th Teacher Workshop Day						3 + 3		B		4	B	6	20 + 0	
November 27th Teacher Compensation Day							B	10		B	12	B		
January 21st Teacher Workshop Day						Year	16	B		18	B	20	Year	
March 20th Teacher Compensation Day				22		3 + 3	B	24		B	26	B	23 + 3	
(June 9th) Teacher Workshop Day AFTER LAST STUDENT DAY			28	B	30		30							
Holidays:	October					Days	November					Days		
September 2nd - Labor Day		B		2	B	4	Months	M	T	W	T	F	Months	
October 14th - Indigenous People's Day	B	8		B	10			4	B		6	B	8	
November 11th - Veteran's Day		15		B	17	B	Year		B		13	B	15	Year
November 28th & 29th - Thanksgiving	21	B		23	B	25	44 + 4	B	19		B	21	B	61 + 5
December 25th - Christmas Day	B	29		B	31			25	B					
January 1st - New Years Day	December					Days	January					Days		
January 20th - Martin Luther King Jr. Day	M	T	W	T	F	Months	M	T	W	T	F	Months		
February 17th - President's Day	B	3		B	5	B	15 + 0					2	B	20 + 1
April 20th - Patriot's Day	9	B		11	B	13		6	B		8	B	10	
May 25th - Memorial Day	B	17		B	19	B	Year	B	14		B	16	B	Year
School Vacations:						76 + 5				B	23	B	96 + 6	
November 28th & 29th - Thanksgiving	February					Days	March					Days		
December 23rd - Jan 1st	M	T	W	T	F	Months	M	T	W	T	F	Months		
February 17th - 21st						15 + 0	2	B		4	B	6	21 + 1	
April 20th - 24th	B	4		B	6	B		B	10		B	12	B	
Early Release Wednesdays	10	B		12	B	14	Year	16	B		18	B		Year
Snow Day						111 + 6	B	24		B	26	B	132 + 7	
Half Day	B	25		B	27	B		30	B					
GRADUATION - June 6, 2020	April					Days	May					Days		
Last Day is Student Half Day				1	B	3	17 + 0					B	20 + 0	
Last Day - June 8th w/no Snow Days	B	7		B	9	B		4	B		6	B	8	
Last Day - June 18th w/8 Snow Days	13	B		15	B	17	Year	B	12		B	14	B	Year
Last Day - June 22nd w/10 Snow Days						149 + 7	18	B		20	B	22	169 + 7	
	B	28		B	30			B		27	B	29		
Religious holidays that may require students to miss school are excused absences. Families should send notes to verify that the students are going to miss or have missed school because of a religious commitment. Some holidays do not impact school attendance.	June					Days	Calendar provides for:							
	M	T	W	T	F	Months	175 Instructional Days							
	B	2		B	4	B	6 + 1	8 In-Service Days (PreK-12)						
	8				11		12	10 Snow Make-Up Days						
		15		16		18		19						
		22					175 + 8							

If there is a need for a delay on a WEDNESDAY, there will be NO EARLY RELEASE. Students stay until regular release times.