



PRHS

Family Newsletter

August 2021

News and Updates

We are excited to start our new year with all of our students in person and learning in a more “normal” environment. While the pandemic continues to impact us, we are hopeful that the 21-22 school year will provide your students with an education that gives them all of the experiences that they expect and want.

IMPORTANT: COVID Protocols for the fall

As you may know from the news, the situation is changing rapidly. Our protocols to ensure the school is safe may change. At this time, the DOE/CDC guidance indicates that any student who is either vaccinated or who participates in weekly Pool Testing during the school year will be able to avoid quarantine if they are a close contact of a positive case. Pool testing will take place beginning in the fall and will COVID test students (with parental consent) weekly. More details, and the consent form, will be coming out in the following weeks so please continue to check your email for updates.

Students who are not vaccinated and do not participate in the weekly COVID testing will have to be quarantined out of school for 10 days if they are in a classroom with someone who tests positive. We encourage you to take advantage of vaccination and/or pool testing to ensure your student’s year is not disrupted.

Incoming 9th Graders

Your first day of school is **Wednesday, September 1**. You will meet your Roundtable, get your schedule, run through a shortened class day, and then participate in a day of team building, games, and lunch (provided by the school) at Agassiz Village. You will not need school supplies on this day. This day is also a FULL day of school. No early release!

Sophomores, Junior, Seniors

Your first day of school is **Thursday, September 2**. It is a BLUE day and a full day of school. You will start the day in your Roundtable so you can get your schedule. If you are going to LRTC this year, this will be your first day of school for those programs as well. The bus to LRTC leaves at 7:20 from the front circle of PRHS. Please check your schedule, or call us at school, to see if this applies to you.

Open House

Our annual fall open house will be Wednesday, September 8 from 6:00-7:00 pm. This is a great time for parents to put faces to the names of your student’s teachers!

Student Parking Passes

Students who wish to park on campus this year must obtain a parking pass by August 27. Parking passes will be available beginning August 16 and will be numbered. Students must park in the space that corresponds to the pass number. This is the student’s reserved parking space—no other drivers will be permitted to park there. The cost is \$2 and students will need to present proof of insurance, current registration, and a driver's license. After August 27, drivers of cars without

parking passes displayed on the rearview mirror or dashboard will be subject to discipline. Students will also sign an agreement to drive responsibly and safely while on school property. Students who drive recklessly or inappropriately may have their driving privileges suspended. We may also contact law enforcement. Students MAY NOT park anywhere other than the space assigned to them in the student parking lot without permission from administration.

Painting Parking Spaces (Seniors Only)

Seniors interested in painting their parking spot must complete a proposal form in the main office first. Painting will be permitted from 8-4, August 16-August 27. All designs must be approved by administration before painting.

Monthly Newsletters

We will send out a newsletter every month throughout the school year to keep you up to date on events at school. We always mail a paper copy of the newsletter in August to make sure all of our new students and incoming 9th graders receive it. After this month, you will receive the newsletter electronically in an email. All newsletters will be posted on our website so you can review past editions. Please be sure to keep your email address updated. If you do not have internet access and still need a paper version sent in the mail during the school year, please contact Sandy Moreau in the high school main office (998-5400, ext 100 or smoreau@rsu16.org).

From the Counselors’ Corner...

Student Schedules available August 2 **

For returning students and incoming 9th graders from Whittier, your user name and login for IC is still valid. If you have trouble logging in, please email infinitecampus@rsu16.org for assistance. If you are a new student with no IC account and no older siblings at PRHS, you will receive your IC login information during the first week of school in Roundtable. We can provide schedules for students with no IC accounts if you come into school, call or email us. Please contact your student’s school counselor if you want to make changes to your schedule before school starts. They will be back at school beginning Friday, August 20.

*****Schedules will continue to be worked on right up to the first day of school. Please keep in mind that we have some summer staffing changes that will mean changes to classes.***

Carrie Rhoads

Students with last names

A-F

crhoads@rsu16.org

998-5400 x 125

Hillary Bush

Students with last names

G-M

hbush@rsu16.org

998-5400 x 101

Corey McFadden

Students with last names

N-Z

cmcfadden@rsu16.org

998-5400 x 106

Co- and Extra- Curricular Update

First Week Preseason Practices beginning Monday, AUGUST 16 (attendance is mandatory)

Cheer	X-Country	Field hockey	Football	Golf	Boys Soccer	Girls Soccer
Mon-Fri 7:30-9:00 AM	Mon-Fri 8:00-9:30 AM	Mon-Fri 7:30-8:30 AM 4:00-6:00 PM	Mon-Fri 7:00-9:00 AM 6:00-8:00 PM	Mon/Tues 3-5 PM @ Poland Spring Driving Range Wed 3-5 PM @ Summit Springs Thursday -TBA	Mon-Fri 7:30-10:00 AM	Mon-Fri 5:30-7:30 PM Round Robin Tourney Sat.

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Fall Sports Parent/Player/Coach meeting

We will have an in-person Parent/Player/Coach meeting **August 15 at 6pm** in the Dr. Robert Wall Auditorium. Coaches will meet with parents and players after meeting in the general session.

Register for Fall Sports

Please sit with your child to register at FamilyID.com for Fall athletics. If you have an existing account, please do not create a new account. Any troubles, call their help line, 1-781-205-2800. Remember to update your child’s physical with a note from the doctor that has the date of the visit. Dr.’s notes can be uploaded to FamilyID, faxed to 998-5060 or emailed to dking@rsu16.org.

New Coaches

Please welcome Tyler Connors and Andrea Forbush, our new head and assistant girl’s soccer coaches. Andrea moves over from Whittier Middle School while Coach Connors brings experience as an assistant from Windham High School and time at Seacoast Soccer Academy. Carly King is back on the Poland Regional field as an assistant with the Poland Field Hockey team. Noah Collins is joining the Knights football staff along with Jeff Inferredere.

General Updates

We have had a few upgrades this summer. The stadium scoreboard has been replaced with a new LED board. The “Home of the Knights’ will get a lot of use this fall. Let’s light up our side of it! The field hockey team has a new scoreboard as well. We are grateful for the upgrade. This fall, our high school football, soccer and field hockey home games will be available at NFHSNetwork.com. There is a fee, \$10.99 a month or \$69.99 for the year (this will get you basketball as well). It makes a great gift for a grandparent or aunt that lives away. Our organization is Poland Regional High School. To check out our game schedules (complete with bus departure times and directions) go to rSchooltoday.com.



Booster Club Update

Thank you to Phil and Susan Brienza, Beth Davis, Martha Littlefield and Grace Martel for the many hours of commitment they have given the Knights Pride Booster Club. Your service is appreciated!

Welcome the following new officers:

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|------------------------------|---------------------------------|
| President Craig Beaucage | Vice-President Jill Beaucage |
| Treasurer Sarah Cunningham | Secretary Deia Christner |
| Social Media/PR Jenn McNally | Volunteer Coordinator Amy Kelly |

Meetings are generally the first Thursday of the month in the school’s cafe. Ideas and positive energy are welcome.



Health Office Updates

Providing Consent for Weekly COVID Testing

To get started, please fill out the consent form with your permission to perform a COVID-19 pooled test for your student at Poland Regional High School. This process should take no more than 5 minutes to complete using a computer or a smartphone.

Here is the link for minor children:

1. First, [click here](https://testcenter.concentricbyginkgo.com/minor-consent) (<https://testcenter.concentricbyginkgo.com/minor-consent>).
2. Then, enter this access code: U4HX9Y
3. Finally, enter your child's information, and you're done!

Note: If you need to provide consent for more than one child, please complete the process separately for each child. If you are 18yo or older, please reach out to the principal or school nurse to receive the proper link for consent.

For more information on our pooled testing provider, Concentric by Ginkgo, visit their website www.concentricbyginkgo.com. The website includes FAQs and a blog, www.concentricbyginkgo.com/blog, which often answers questions in longer form.

Please call or email your school nurses if you have any questions about COVID-19 vaccinations and/or the new immunization law.

Lisa Storer RN, BSN lstorer@rsu16.org 998-5400 Ext. 108

Pamela Tracy LPN ptracy@rsu16.org 998-5400 Ext. 127

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Other News

Student Government Elections

Elections for the Judiciary Board and Student Representative Board (student government) will be held within the first two weeks of school. Please encourage your child(ren) to consider running.

Mentoring Program

Students interested in becoming mentors should come to the office beginning August 23 to pick up applications. Students who are returning mentors do NOT need to reapply.

Attendance

We encourage parents to work with the school staff to keep their children in school or to provide timely excuses for absences. Please call 998-5400 x124 within 24 hours of an absence, beforehand when possible. Please review the [Planned Absence Guidelines](#) if your student will be absent from school for family vacations or other personal reasons.



PRHS
1457 Maine Street
Poland, ME 04274
998-5400 phone
998-5060 fax