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POLAND REGIONAL HIGH SCHOOL

FOUNDED 1999

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2023-2024 SCHOOL PROFILE

School & Community Profile

PRHS is fully accredited by the New England Association of Schools and Colleges. (NEASC)

PRHS Enrollment Information

510	Grades 9-12
104	Senior Class
11:1	Student/Faculty Ratio
17.5%	Special Education (School-Wide)
33%	Free/Reduced Lunch (District-Wide)

Core Values

Poland Regional High School's core values guide our decisions and anchor our actions in the pursuit of learning. We are committed to fostering Character, Citizenship & Community.

Community

The RSU 16 towns of Poland, Minot, and Mechanic Falls cover 147 square miles with a population of approximately 10,300. Our current enrollment is 510 students in grades 9-12. Located 11 miles west of Lewiston-Auburn and 33 miles north of Portland, Poland is home to the Poland Spring Bottling Company. The region is also known for its lakes and summer camps.

Teaching Staff

The teachers at PRHS are an exceptional group chosen for their passion for teaching and their commitment to our distinct, ambitious mission. 67% of teachers hold an advanced degree and 54% average 15 years teaching experience

Visting PRHS

We welcome in-person & virtual visitors to our school! Please call the Guidance Office at (207) 998-5400 x 102 to arrange a visit.

Class Of 2023

76% Intend to Enroll in College/Training
2% - certificate/vocational training
48% - 2 year college
28% - 4 year college

1% Enlisted in the Military
22% Entered Workforce, Internship, Other

PRHS Response to COVID-19

On March 13, 2020, Poland Regional High School moved to emergency remote learning. Like many schools, we remained in that mode through June, 2020.

Spring 2020: Our focus during this time was to maintain relationships with students. We moved to a Pass/Incomplete grading system for that semester. GPAs remained unaffected. Students earning an INC in a course required for graduation were allowed to recover credit in 2020-21. The SAT School Day option was not offered. The Sophomore Exhibition requirement was moved and modified to be a junior year project.

School Year 2020-21

Instruction To meet safety guidelines, we operated a hybrid schedule with the student body divided into two cohorts. Each cohort received two days of in-person instruction, 1 day of synchronous online instruction and 2 days of asynchronous online work. Students with extenuating circumstances had the option to attend school completely online through a combination of PRHS courses via Zoom or courses through Edgenutiy (designated by EDG on transcripts).

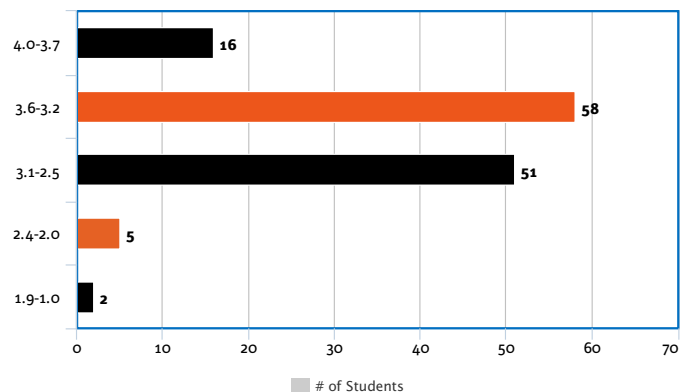
Scheduling: We adopted a new 4x4 block schedule in which students took only four classes per quarter allowing them to focus on fewer classes at a time. Grades and credits were posted at end of each quarter.

Classes: The following classes were not offered in 20-21 or experienced significant changes: AP Chemistry - not offered, Band - different curriculum, Chorus - different curriculum, Piano - not offered, Guitar - not offered Sophomore Exhibition & Senior Celebration - modified expectations, Community Service Requirement for Juniors - waived for Classes of '21 & '22 Co-curricular Requirement - waived for Classes of '21 & '22

School Year 2021-22:

We returned to our alternating day schedule which allows students to take up to 8 classes over a 2 day rotation. All courses have resumed as normal. Students are attending five days/week. We will be following a semester schedule with grades & credit posting in January and June.

Class of 2024 GPA





Proficiency-Based Learning & GPA Information

Students who earn a diploma from PRHS have demonstrated proficiency in the standards established in the Maine Learning Results and additional standards established by the school district. PRHS courses typically have 3-5 standards and students who earn credit in a course have demonstrated proficiency in *each* of the course standards.

PRIOR TO FALL 2019: Demonstrating proficiency in course standards earns a student a grade of Competent (CO) in the course, with grades of Advanced (AD) and Distinguished (DS) indicating higher degrees of accomplishment. GPAs were calculated on a 4.33 scale.

BEGINNING IN FALL 2019: In order to simplify our grading, we transitioned our GPA system to align with grades students are earning in the classroom. **Grades and GPAs are reported on a 4.0 scale.** Great care was taken with this GPA transition to ensure that students' rank (percentile) did not fluctuate as we made this change.

Grades and credits are posted for each semester. Grades indicating interim progress are reported once per semester. To earn credit in a course, students must pass all course standards and earn at least a 2.5 in the course.

Class Rank at PRHS is not determined. However, percentiles are reported.

High Honor Roll is determined by earning grades of 3.7 and higher.

Honor Roll - is determined by earning between grades 3.2 and 3.6.

Organizing for Instruction: The PRHS curriculum is designed to prepare all students for post-secondary education. Students are heterogeneously grouped with all course standards at the college prep level.

Honors Challenge: An Honors Challenge exists in all courses (except AP) for those students who seek to explore content in greater depth and breadth. It is noted by an "H" on the transcript.

D-PATH: Students struggling to earn credit in PRHS classes may apply to join D-PATH. If accepted, students are allowed to satisfy course standards and earn credit according to a different, less rigid timetable and are encouraged to focus on fewer simultaneous topics. D-PATH courses are noted with a "D" prefix on transcripts (i.e. DMath 4).

Roundtable: All students participate in advisory groups called Roundtables. These small groups meet daily for 30 minutes and students & advisors remain together until graduation.

Sophomore Exhibition: All sophomores share their progress toward meeting the school-wide learning expectations, and present research on a possible career path, in a 10-15 minute presentation to an audience of peers, parents and teachers. Was modified for 2020-21.

Senior Celebration: Each senior poses a unique and highly personalized essential question that can be answered only by completing a project that would be acceptable in a real-world setting. The result of this year-long project is a 15-20 minute oral presentation during which students share their project's measurable results/product.

PRHS GRADUATION REQUIREMENTS FOR THE CLASS OF 2024

In addition to competency in the areas detailed below, 24 course credits are required for graduation

Learning Area	Courses required to demonstrate competency
English	Senior English or AP English
Math	Math 4
Science	Physical Science, Biology, Chemistry or Intro Chemistry, plus one additional science credit
Social Studies	U.S. History II or AP U.S. History, plus Comparative Government & Economics or AP U.S. Government
Visual/Performing Arts	1 credits
Wellness	Health, plus 1 credit of Physical Education
Technology	1 credit
All students must also pass four years of Roundtable	

Integrated Mathematics 1-4: Our Core-Plus program is designed to prepare students for future success in problem solving, reasoning, and applications. By the end of Math 4, all students will have an understanding of the concepts and skills of Geometry and Algebra (1 & 2). They will also have the necessary background in statistics, probability, and discrete mathematics to access more advanced math, including AP Statistics or AP Calculus AB.

English & Social Studies: Prior to 2017, the English & Social Studies curriculums were team-taught in an integrated setting in courses called Humanities. Beginning in 2017, these courses were split into distinct English and Social Studies courses.

Science: All classes include a lab component.

AP courses: English Literature, English Language, U.S. Government & Politics, U.S. History, World History, Calculus AB, Statistics, Biology, Chemistry, Environmental Science (pilot), Spanish Language (pilot) and Computer Science Principles. Not all courses are offered every year. These courses are open to all students.

Concurrent Enrollment: Senior English, AP U.S. History, Introduction to Psychology, Web Design, Computer Networking, Information Security and AP Computer Science Principles offer options for dual enrollment with Maine colleges/universities.

Additional Programs: Students have earned credit through Lewiston Regional Technical Center (CTE), the University of Maine System, the Maine Community College System, St. Joseph's College, Bates College other area colleges, AP4ME, internships, independent study and select summer programs.